Session Summary Report for On-site Training

Region name	Quetta, Balochistan
Training Institution	Sardar Bahadur Khan Women University
Name of Trainers	1. Prof. Dr. Uzma Jabeen 2. Prof. Dr. Nadeem Samad 3. Mr Mehmood Khan 4. Mr Imdadullah 5. Dr. Aysha 6. Mr.Rizwan ullah
Training Duration	9th September 2025 – 10th September 2025
Target Group	Clinical Dietitians
The number of Participants	As per attendance record
Modules	1. Child and Community Nutrition 2. Medical Nutrition Therapy 3. Nutritional Assessment 4. Community Nutrition 5. Patient-Centered Care
Training Overview	• Enhanced knowledge and skills of clinical dietitians in child and community nutrition. • Strengthened participants understanding of medical nutrition therapy and patient-centered care. • Interactive lectures and discussions improved practical application of nutrition interventions.

Attendance Sheets

SBK

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Faculty of Food, Nutrition and Home Sciences,
University of Agriculture, Faisalabad

ATTENDANCE SHEET FOR TRAINEES (CLINICAL DIETITIANS)

Sr. No.	Name	Address	Contact	Signature Date	Signature Date
1	Majida Qureshi	near SBK 2nd semesie Pharmacy	03326214433	9-sep-2025	Majida
2	Ayesha Bibi	2nd semesies Pharmacy SBK Tareen Road Pashtoon Chowk.	03318080513	9-sep-2025	Ayesha.
3	Maryanakhan	2nd semester SBK Pharmacy Nawa Kili Abdul Khaliq road.	03110666728	9 sep 2025	[illegible]
4	Hafiza Mansha	9th Semester Pharmacy SBK Malik Niaz M.street Kansi Road Quetta	0315-8018203	9-sep-2025	
5	Cheryle Roy	SBK 9th semester pharmacy Shahzaman Road Quetta	03188419869	9-Sep-2025	[illegible] 10/9/2025
6	Shireen	SBK 9th Semester pharmacy A-one city Quetta	03318997764	9-Sep-2025	Shireen. 10-9-2025
7	Zainab Khalil	SBK 9th semester pharmacy Kharan street sariyab road Quetta	03165576195	9-Sep-2025	Zainab 10-9-2025
8	Faiqa Nadeem	SBK 9th Semester Pharmacy Sabzal road Quetta.	03334057366	9-Sep-2025	[illegible] 10-09-25
9	Farhana	SBK 9th semester pharmacy Railway cooperative society	03013738798	9-sep-2025	[illegible] 10-9-2025
10	Arubakhan	Wapada Main Road Nawa Killi Quetta.	03009381683	9-sep-2025 Arubakhan	10-sep-2025 Arubakhan

44

43

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ATTENDANCE SHEET FOR TRAINEES (CLINICAL DIETITIANS)

Sr. No.	Name	Address	Contact	Signature	
				Date	Date
1	Safia Jamal	Taroo Chock Pushtoon abad Quet	03168178371	9-9-25	10 sep 2025
2	Humaira Khan	Mir Ahmed Khan road Qta	03341380327	9-sep-25	10-sep-2025
3	Sultan Bibi	Giordth Singh Road Quetta	03342440991	9-sep-25	[signature]
4	Shazmena	Spini Road Killi Tirkha	03178191514	9/9/2025	Shazmena
5					
6					
7					
8					
9	Aleena Rabiq	Kakar colomy, Khushal road	03166273995	9/9/25	10/9/25
10	Shayneela Nazeer	Berwery road	03232862234	9/9/25	10/9/25

Nida Sakim A1 city 03317110791 9/9/25 [signature]

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Sr. No.	Name	Address	Contact	Signature	
				Date	Date
1	Asia-Tareen	Nawab-Killi-Near Tareen Masjid	03168260539	9-sep-25	Asia Tareen
2	AQSA AYUB	Nasiran Killi Kuch Road Qta (SBK-pharmacy dep)	03312739989	9-sep-25	
3	BiBi Alia	Kuch road Killi Nasaran QTA	03257943682	9 sep 25	Alia
4	Gulshan Bibi	Killi Barat Chowk Jinnah Town Qta.	03308470179	09-sep-25	[illegible]
5	~~Faiqa Nadeem~~	~~Sabzal road Bhatti Street~~	~~03334057366~~	~~09-sep-25~~	
6	~~Farhana~~	~~railway cooperative society~~	~~03013738798~~	~~9-sep-25~~	
7	Kamila	Brewary road faisal Town	03168302442	9-sep-25	[illegible]
8	Shahana	Gulshan colony Sariyab Road Qta	03343216274	9-sep-2025	10-sep-2025
9	Sehrish Fatima	Ali abad Yazdan Khan road	0310-8457896	9-sep-2025	10-sep-2025
10	~~Zainab~~	~~Kharan street Quetta~~	~~03165576195~~	~~9-sep-2025~~	~~10-sep-2025~~

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Sr. No.	Name	Address	Contact	Signature	
				Date	Date
1	Maira Imran	Railway housing society Quetta	03071297164	10-9-25 9-9-25	10/9/25
2	Anfaal ahmad	Killi Khaizi near ameer khan city	03161091005	9-9-25	
3	Laiba Hashmi	Brewary road 3rd stop wahdat colony	03329651118	9-9-25	
4	Taswar Aziz	Jonipher Hostel SBK WU	03343999850	10-9-25 9-9-25	
5	Fatima Batool	Hazara Town Quetta	0343-2015551	10-9-25 9/sep/25	
6	Yousra Khan	Jumma Sariyab road saryonill	0347-2253700	9/9/25	
7	Kulsoom	Killi Ibrahimzai Brewery Road Qta	03118147824	9-Sep-25	10/9/25
8	Tahreem Mansoor	Mubarak Chowk Quetta	03191337057	9-Sep-25	10.Sep.2025 Tahreem mansoor
9	Balnista Fatima	Mubarak chowk Quetta	03340389655	9-Sep-25	Balnista Fatima 10/9/25
10	Aiman Ejaz	Jail Road Hadda Muhalla Faqeerabad	03312578230	9/9.2025	10.9.2025

Day 1 & Day 2 pictures






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Two days General Training Programme in
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ESTABLISHMENT OF PAK-KOREA NUTRITION CENTRE






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Introduction








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IMPROVEMENT OF CHILD AND COMMUNITY NUTRITION
ESTABLISHMENT OF PAK-KOREA NUTRITION CENTRE


Food
od is any substance consumed to provide nutritional support for an organism.
is usually of plant or animal origin, and contains essential nutrients, such as
rbohydrates, fats, proteins, vitamins, or minerals.
here are three main groups of constituents in foods: Carbohydrates, Protein and
ats and derivatives of these.
he essential substances contributed by our food are called nutrients.
f these nutrients are not present in our food in sufficient amounts, the result is ill
ealth and in some cases, even death.
Food also contains many substances, which are non-nutrients e.g. coloring, and
flavoring substances in food.
Food is therefore, a complex mixture of different nutrients and non-nutrients.
9/2025
5


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Signature of Focal Person